

"FIGHT!" was the theme for the January 2016 Online Daniel Fast. Below is the series of weekly videos we used on our journey. You're free to access them for your own Daniel Fast. I also recommend getting a copy of my book, The Ultimate Guide to the Daniel Fast, to help you (available in bookstores and online). I pray you're blessed by these resources as you seek the Lord through prayer and fasting!

Week 1	Week 2	Week 3